

# Trinity Devotion 28

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Week of March 21, 2021

Fred Young

## This is a Day of New Beginnings

This is a day of new beginnings,  
Time to remember and move on,  
Time to believe what love is bringing,  
Laying to rest the pain that's gone.

For by the life and death of Jesus,  
God's mighty Spirit, now as then,  
Can make for us a world of difference,  
As faith and hope are born again.

Then let us, with the Spirit's daring,  
Step from the past and leave behind  
Our disappointment, guilt and grieving,  
Seeking new paths, and sure to find.

Christ is alive, and goes before us,  
To show and share what love can do.  
This is a day of new beginnings;  
Our God is making all things new.

In faith we'll gather round the table,  
To taste and share what love can do.  
This is a day of new beginnings;  
Our God is making all things new.\*

**Words: Brian Wren, 1978, alt. 1987.**

**Music: Be-gin-nings Carl-ton R. Young, 1984**



This Sunday we will be singing one of my favorite hymns from our New Century Hymnal, *This is a Day of New Beginnings*! I often look to lyrics of songs for inspiration, devotion and clarity of faith. When you **read** an old familiar or a new and challenging hymn instead of singing the words, you often experience a deeper understanding of what you have been singing for years.

This particular hymn's text was written by Brian Wren as a New Year's Day hymn to welcome in the year, 1978. Wren has said that the newness of the New Year is simply a mark on the calendar. The lyrics he wrote for this particular song support a theology that by faith in the really new events of the Christian story, a day, or a month, or an hour can become charged with promise, and be a springboard to a changed life.

*This is a Day of New Beginnings* is a hymn that offers us forgiveness and hope. Every time we sing or speak these words together, we are asked to trust that God's Spirit is always with us in every situation and celebration. As we move closer to Christ's time on the cross and hearing the joyous news of the empty tomb, may we remember that the life, death and resurrection of Christ still make it possible for ALL of us to have new beginnings. Faith and hope are born again and again when we live guided by and believing that God continues to make all things new.

### **Things to Consider:**

1. How do you continue to see Christ's presence in your life in spite of what might be currently weighing you down?
2. What might you need to leave behind in life in order to trust in a fresh start and new beginning?

**PRAYER:** Gracious God, open our hearts and eyes to see a clear path to new life in you! Amen.

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***This is a Day of New Beginnings* research taken from:**

Online Resource: *Discipleship Miniseries of the United Methodist Church* written by Dr. Hawn, professor of sacred music at Perkins School of Theology.